

2027 PLANNER

My Spring Soft Start

Grow toward the light you already have.

DEVICE

CALENDAR

WEEK START

iPad 11-inch / Goodnotes

2027

Monday

YEAR AT A GLANCE

01 January	02 February	03 March	04 April
05 May	06 June	07 July	08 August
09 September	10 October	11 November	12 December

INCLUDED

12 months - 53 weeks - Habits - Goals - Notes

Layout - habit-board week - intentions month

WEEK INDEX	THIS WEEK	THIS MONTH	HABITS
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JANUARY 2027

January

W	MON	TUE	WED	THU	FRI	SAT	SUN
01					1	2	3
02	4	5	6	7	8	9	10
03	11	12	13	14	15	16	17
04	18	19	20	21	22	23	24
05	25	26	27	28	29	30	31

WEEKS

Dec28

Jan4

Jan11

Jan18

Jan25

MONTHLY INTENTIONS

DATES TO HOLD GENTLY

DEC 28 - JAN 3

Soft Start Week

Choose a gentle direction, support it with small rhythms, and leave room for growth.

READY TO GROW

CAPACITY / MINIMUM

SUPPORTIVE RHYTHMS			
LIGHT	MOVE	NOURISH	REST

MON

ONE KIND STEP

28

TUE

ONE KIND STEP

29

WED

ONE KIND STEP

30

THU

ONE KIND STEP

31

FRI

ONE KIND STEP

1

SAT

ONE KIND STEP

2

SUN

ONE KIND STEP

3

HABITS

Soft Growth Rhythm

Support what is emerging with small, repeatable care.

RHYTHM / WHY IT HELPS

MINIMUM VERSION

SUPPORTIVE RHYTHM	M	T	W	T	F	S	S
Light	☐	☐	☐	☐	☐	☐	☐
Water	☐	☐	☐	☐	☐	☐	☐
Move	☐	☐	☐	☐	☐	☐	☐
Learn	☐	☐	☐	☐	☐	☐	☐
Connect	☐	☐	☐	☐	☐	☐	☐
Rest	☐	☐	☐	☐	☐	☐	☐

WHAT HELPED

ADJUST / RETURN GENTLY

GOALS

What Is Ready to Grow

Choose early growth that fits your real capacity and season.

01 / NURTURE

02 / NOTICE

03 / NEXT STEP

PRIORITY / DIRECTION	EVIDENCE / ENOUGH	NEXT VISIBLE STEP	WHEN
01			
02			
03			

SUPPORT / CONDITIONS

REVIEW / CARRY FORWARD